

RICHMOND COMMUNITY SCHOOLS GREAT START BREAKFAST MENU — MARCH 2023

MONDAY

*Richmond Community Schools
Will participate in MI Farm to
School. (*) = food choice
utilizing MI based items.*



Product of Michigan

TUESDAY

Each meal includes choice of entrée, milk, one cup of vegetable items and 1/2 cup of fruit items. A fruit or vegetable serving is required with every reimbursable meal. Seasonal fresh fruit selections will include apples, oranges, watermelon, cantaloupe, bananas, pears, grapes, pineapple.

Milk choices include fat free or 1% unflavored, and fat free chocolate or strawberry flavored.

Menu Subject to Change Without Notice

Nutritional information is available on the Food Service web page of the Richmond Community School District Website.

"USDA is an equal opportunity provider and employer"

WEDNESDAY

THURSDAY

FRIDAY

<p><i>Richmond Community Schools Will participate in MI Farm to School. (*) = food choice utilizing MI based items.</i></p>  <p>Product of Michigan</p>	<div><p>Each meal includes choice of entrée, milk, one cup of vegetable items and 1/2 cup of fruit items. A fruit or vegetable serving is required with every reimbursable meal. Seasonal fresh fruit selections will include apples, oranges, watermelon, cantaloupe, bananas, pears, grapes, pineapple.</p><p>Milk choices include fat free or 1% unflavored, and fat free chocolate or strawberry flavored.</p><p>*Menu Subject to Change Without Notice*</p><p>Nutritional information is available on the Food Service web page of the Richmond Community School District Website.</p><p>"USDA is an equal opportunity provider and employer"</p></div>	<p>1</p> <p>WG Kix Cereal Graham Fish</p> <p>Sliced Oranges</p> <p>1% FF White Milk</p> 	<p>2</p> <p>Yogurt Animal Crackers</p> <p>Sliced Apples*</p> <p>1% FF White Milk</p>  	<p>3</p> <p>No School</p> 
<p>6</p> <p>WG Trix Cereal WG Gram Fish</p> <p>Sliced Apples*</p> <p>1% FF White Milk</p> 	<p>7</p> <p>WG Apple Muffin</p> <p>Fresh apples*</p> <p>1% FF White Milk</p> 	<p>8</p> <p>WG Cheerios Cereal String Cheese</p> <p>100% Fruit Juice</p> <p>1% FF White Milk</p> 	<p>9</p> <p>WG Bagel w/ Cream Cheese</p> <p>Sliced Apples*</p> <p>1% FF White Milk</p>	<p>10</p> <p>No School</p> 
<p>13</p> <p>WG Rice Chex Mix WG Graham Fish</p> <p>Sliced Apples*</p> <p>1% FF White Milk</p>	<p>14</p> <p>WG Mini Cinnamon French Toast</p> <p>Fresh Banana</p> <p>1% FF White Milk</p> 	<p>15</p> <p>WG Kix Cereal Graham Fish</p> <p>Sliced Oranges</p> <p>1% FF White Milk</p> 	<p>16</p> <p>Yogurt Animal Crackers</p> <p>Sliced Apples*</p> <p>1% FF White Milk</p>  	<p>17</p> <p>No School</p> 
<p>20</p> <p>WG Trix Cereal WG Gram Fish</p> <p>Sliced Apples*</p> <p>1% FF White Milk</p>	<p>21</p> <p>WG Apple Muffin</p> <p>Fresh apples*</p> <p>1% FF White Milk</p> 	<p>22</p> <p>WG Cheerios Cereal String Cheese</p> <p>100% Fruit Juice</p> <p>1% FF White Milk</p> 	<p>23</p> <p>WG Bagel w/ Cream Cheese</p> <p>Sliced Apples*</p> <p>1% FF White Milk</p> 	<p>24</p> <p>No School</p> 
<p>27</p> <p>WG Rice Chex Mix WG Graham Fish</p> <p>Sliced Apples*</p> <p>1% FF White Milk</p> 	<p>28</p> <p>WG Mini Cinnamon French Toast</p> <p>Fresh Banana</p> <p>1% FF White Milk</p>	<p>29</p> <p>WG Kix Cereal Graham Fish</p> <p>Sliced Oranges</p> <p>1% FF White Milk</p> 	<p>30</p> <p>Yogurt Animal Crackers</p> <p>Sliced Apples*</p> <p>1% FF White Milk</p> 	<p>31</p> <p>No School</p> 